

Every Wednesday beginning September 1, 2021

# WELLNESS WEDNESDAYS

Graduate Student Council (GSC) is committed to the health and well-being of graduate students at Colorado State University. Our *Wellness Wednesdays* programming series focuses on 10 Dimensions of Wellness. Each Wednesday of the academic year presents a new opportunity for you to **build community and find a sense of belonging among your peers by engaging in a wellness-focused dialogue or activity.** The full semester schedule will soon be available at [GSC.colostate.edu](http://GSC.colostate.edu) and the Graduate School calendar. If you would like to become involved in the planning committee, please contact GSC's VP of Advocacy at [brittany.lynner@colostate.edu](mailto:brittany.lynner@colostate.edu).

