<table>
<thead>
<tr>
<th>What:</th>
<th>When:</th>
<th>How:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Submit Immunizations Records</td>
<td>By Tuesday, January 19, 2021</td>
<td>Submit official immunizations records and dates online in the CSU Student Health Portal at <a href="https://portal.health.colostate.edu">https://portal.health.colostate.edu</a> For detailed instructions, go to: <a href="https://health.colostate.edu/graduate-new-student-checklist/#immunizations">health.colostate.edu/graduate-new-student-checklist/#immunizations</a></td>
</tr>
<tr>
<td>Complete Health Forms</td>
<td>By Tuesday, January 19, 2021</td>
<td>Log on to the CSU Student Health Portal <a href="https://portal.health.colostate.edu">https://portal.health.colostate.edu</a> to complete TB Assessment and Health History forms. For detailed instructions, go to: <a href="https://health.colostate.edu/graduate-new-student-checklist/#healthforms">health.colostate.edu/graduate-new-student-checklist/#healthforms</a></td>
</tr>
<tr>
<td>Fulfill Health Insurance Requirement</td>
<td>By Wednesday, February 3, 2021</td>
<td>Domestic Graduate students enrolled in six (6) or more credits: Go to <a href="https://health.colostate.edu/insurancerequirement">health.colostate.edu/insurancerequirement</a> to access the secure online health insurance waiver portal. You must take action to either WAIVE or ENROLL in the Student Health Insurance Plan (SHIP) by the deadline, or your student account will be charged for the cost of SHIP enrollment. Domestic Graduate students enrolled in LESS than six (6) credits: You may voluntarily enroll in the Student Health Insurance Plan (SHIP) by completing an online enrollment form at <a href="https://health.colostate.edu/enroll-ship">health.colostate.edu/enroll-ship</a> and agreeing to pay the health access and counseling fees. International Graduate students enrolled at any level: International students are automatically enrolled in the Student Health Insurance Plan (SHIP). If you have other health insurance coverage, visit <a href="https://health.colostate.edu/international-into-waiver">health.colostate.edu/international-into-waiver</a> for more information on how to submit a waiver request. Learn more at: <a href="https://health.colostate.edu/graduate-new-student-checklist/#healthinsurance">health.colostate.edu/graduate-new-student-checklist/#healthinsurance</a></td>
</tr>
<tr>
<td>Consider RamCare</td>
<td>By Wednesday, February 3, 2021</td>
<td>Learn more about RamCare and complete the online enrollment form at: <a href="https://health.colostate.edu/ramcare">health.colostate.edu/ramcare</a></td>
</tr>
<tr>
<td>Complete Online Training Modules</td>
<td>By Tuesday, January 19, 2021</td>
<td>Sexual Assault Prevention is <strong>REQUIRED</strong> for all incoming students. These programs will be available 35 days prior to the beginning of the semester. Students can access the programs directly through their RamWeb account. Learn more at <a href="https://health.colostate.edu/graduate-new-student-checklist">health.colostate.edu/graduate-new-student-checklist</a></td>
</tr>
<tr>
<td>Create a YOU@CSU Profile</td>
<td>By Tuesday, January 19, 2021</td>
<td>Students can access YOU@CSU through their RAMweb account and create a confidential profile to access online and on-campus resources that support student success and well-being. Learn more at <a href="https://you.colostate.edu">you.colostate.edu</a>.</td>
</tr>
</tbody>
</table>

Visit [health.colostate.edu/graduate-new-student-checklist](https://health.colostate.edu/graduate-new-student-checklist) for more information.
Welcome to CSU!

CSU Health Network is every student’s on-campus home for health and well-being. All enrolled students have full access to our wide range of medical, counseling, and health education and prevention services, regardless of their insurance plan.

To keep you and our campus healthy and safe, there are several tasks we ask all new students to complete upon enrolling at Colorado State University.

Use the checklist on the reverse side as a guide to completing these tasks. For more detailed information about each requirement and recommendation, visit health.colostate.edu/graduate-new-student-checklist.

CSU Health Network Services

General Medical Services
- Primary Care
- Behavioral Health
- Immunizations
- Laboratory
- Radiology
- Pharmacy

Specialty Medical Services
- Allergy & Asthma
- Dental
- Men’s Care
- Massage Therapy
- Nutrition Consultation for Disordered Eating
- Optometry
- Physical Therapy
- Psychiatry
- Sports Medicine/Orthopedics
- Transgender Care
- Travel Medicine
- Women’s Care

Counseling Services
- Individuals and Couples
- Groups and Workshops
- Multicultural Counseling
- Drugs, Alcohol and You (DAY) Programs
- Post-Hospitalization Support (ITEAM)
- Crisis Intervention
- Consultations with Colleagues, Parents and Friends

Health Education and Prevention Services
- Substance Abuse Prevention
- Mental Health Initiatives
- Peer Education (CREWS)
- Well-Being Initiatives
- Sexual Health Initiatives
- Tobacco Cessation
- Spiritual Care

Business Services
- Student Health Insurance
- RamCare Supplement Program
- Private Insurance Billing
- Medical Records

Your Home for Health

All CSU Health Network services are located on campus in the CSU Health and Medical Center, a state-of-the-art facility dedicated to student health and well-being. Visit health.colostate.edu for more information.

CSU Health and Medical Center
151 West Lake Street

CSU HEALTH NETWORK
COLORADO STATE UNIVERSITY