# New Student Checklist for Graduate Students

## Fall 2020

**What:**

<table>
<thead>
<tr>
<th>Submit Immunizations Records</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Measles, Mumps, and Rubella (MMR) vaccinations</td>
</tr>
<tr>
<td>• Meningococcal (ACWY) vaccine (if living on campus)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Complete Health Forms</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Tuberculosis Assessment</td>
</tr>
<tr>
<td>• Health History</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Fulfill Health Insurance Requirement</th>
</tr>
</thead>
<tbody>
<tr>
<td>(CSU requires domestic students taking six or more resident instruction credits, and international students enrolled at any level, to have health insurance)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Consider RamCare</th>
</tr>
</thead>
<tbody>
<tr>
<td>(A supplement for students who have their own health insurance coverage but want an inexpensive way to help cover out-of-pocket expenses for medical services at CSU Health Network.)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Complete Online Training Module</th>
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<tbody>
<tr>
<td>• Sexual Assault Prevention</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Create a YOU@CSU Profile</th>
</tr>
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</table>

## When:

<table>
<thead>
<tr>
<th>Submit Immunizations Records</th>
<th>By Monday, August 24, 2020</th>
</tr>
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<tbody>
<tr>
<td>Complete Health Forms</td>
<td>By Monday, August 24, 2020</td>
</tr>
<tr>
<td>Fulfill Health Insurance Requirement</td>
<td>By Wednesday, September 9, 2020</td>
</tr>
<tr>
<td>Consider RamCare</td>
<td>By Wednesday, September 9, 2020</td>
</tr>
<tr>
<td>Complete Online Training Module</td>
<td>By Monday, September 7, 2020</td>
</tr>
<tr>
<td>Create a YOU@CSU Profile</td>
<td>By Monday, August 24, 2020</td>
</tr>
</tbody>
</table>

## How:

- Submit official immunizations records and dates online in the CSU Student Health Portal at [https://portal.health.colostate.edu](https://portal.health.colostate.edu) For detailed instructions, go to: [health.colostate.edu/graduate-new-student-checklist/#immunizations](https://health.colostate.edu/graduate-new-student-checklist/#immunizations)

- Log on to the CSU Student Health Portal [https://portal.health.colostate.edu](https://portal.health.colostate.edu) to complete TB Assessment and Health History forms. For detailed instructions, go to: [health.colostate.edu/graduate-new-student-checklist/#healthforms](https://health.colostate.edu/graduate-new-student-checklist/#healthforms)

- Domestic Graduate students enrolled in six (6) or more credits: Go to [health.colostate.edu/insurancerequirement](https://health.colostate.edu/insurancerequirement) to access the secure online health insurance waiver portal. You must take action to either WAIVE or ENROLL in the Student Health Insurance Plan (SHIP) by the deadline, or your student account will be charged for the cost of SHIP enrollment.

- Domestic Graduate students enrolled in LESS than six (6) credits: You may voluntarily enroll in the Student Health Insurance Plan (SHIP) by completing an online enrollment form at [health.colostate.edu/enroll-ship](https://health.colostate.edu/enroll-ship) and agreeing to pay the health access and counseling fees.

- International Graduate students enrolled at any level: International students are automatically enrolled in the Student Health Insurance Plan (SHIP). If you have other health insurance coverage, visit [health.colostate.edu/international-into-waiver](https://health.colostate.edu/international-into-waiver) for more information on how to submit a waiver request.

- Sexual Assault Prevention is **REQUIRED** for all incoming students. It will be available on August 14, 2020. Students can access the program directly through their RamWeb account.

- Students can access YOU@CSU through their RAMweb account and create a confidential profile to access online and on-campus resources that support student success and well-being.

Visit [health.colostate.edu/graduate-new-student-checklist](https://health.colostate.edu/graduate-new-student-checklist) for more information.
Welcome to CSU!

CSU Health Network is every student’s on-campus home for health and well-being. All enrolled students have full access to our wide range of medical, counseling, and health education and prevention services, regardless of their insurance plan.

To keep you and our campus healthy and safe, there are several tasks we ask all new students to complete upon enrolling at Colorado State University.

Use the checklist on the reverse side as a guide to completing these tasks. For more detailed information about each requirement and recommendation, visit health.colostate.edu/graduate-new-student-checklist.

CSU Health Network Services

**General Medical Services**
- Primary Care
- Behavioral Health
- Immunizations
- Laboratory
- Radiology
- Pharmacy

**Specialty Medical Services**
- Allergy & Asthma
- Dental
- Men’s Care
- Massage Therapy
- Nutrition Consultation for Disordered Eating
- Optometry
- Physical Therapy
- Psychiatry
- Sports Medicine/Orthopedics
- Transgender Care
- Travel Medicine
- Women’s Care

**Counseling Services**
- Individuals and Couples
- Groups and Workshops
- Drugs, Alcohol and You (DAY) Programs
- Post-Hospitalization Support (iTEAM)
- Crisis Intervention
- Consultations with Colleagues, Parents and Friends

**Health Education and Prevention Services**
- Substance Abuse Prevention
- Mental Health Initiatives
- Peer Education (CREWS)
- Well-Being Initiatives
- Sexual Health Initiatives
- Tobacco Cessation
- Spiritual Care

**Business Services**
- Student Health Insurance
- RamCare Supplement Program
- Private Insurance Billing
- Medical Records

Your Home for Health

All CSU Health Network services are located on campus in the CSU Health and Medical Center, a state-of-the-art facility dedicated to student health and well-being. Visit health.colostate.edu for more information.

CSU Health and Medical Center

151 West Lake Street

Visit health.colostate.edu/graduate-new-student-checklist for more information.