

# GRADUATE PROFESSIONAL DEVELOPMENT SERIES

## Personal and Professional Well-Being

Sept. 4 | 5:30 p.m.-7:00 p.m. | TILT Lecture Hall, 221

### NSF GRFP I: Components of a Strong Application for NSF's Graduate Research Fellowship Program

Mary Swanson, TILT; Sean Freeman, Atmospheric Science; and Alissa Williams, Cell and Molecular Biology

Sept. 11 | 12:00 p.m.-1:30 p.m. | LSC 372-74

### Unconscious Bias

Ria Vigil, Office of the Vice President for Diversity

Sept. 18 | 12:00 p.m.-1:30 p.m. | LSC 226-28

### Thesis and Dissertation Writing Tips: How to Get Started and Stay Inspired

Kristina Quynn, CSU Writes

Sept. 24 | 12:00 p.m.-1:30 p.m. | LSC 328-30

### Mentorship I: Building Successful Mentor-Mentee Relationships

Kim Cox-York, Graduate Center for Inclusive Mentoring

Oct. 2 | 5:30 p.m.-7:00 p.m. | LSC 376-78

### NSF GRFP II: Refining Your Graduate Research Fellowship Application

Mary Swanson, TILT; Sean Freeman, Atmospheric Science; and Alissa Williams, Cell and Molecular Biology

Oct. 8 *or* 9 | 12:00 p.m.-1:30 p.m.

### Communicating Your Science at the Graduate Student Showcase

Steve Albers; Steve Foster; and Sarah Hibbs-Shipp, CSU Ventures  
(please choose the Oct. 8 session in LSC 372-74 *or* the Oct. 9 session in LSC 304-06)

Oct. 16 | 12:00 p.m.-1:30 p.m. | LSC 304-06

### Mentorship II: Resolving Conflict

Ashlyn Friend, Student Resolution Center

Oct. 23 | 12:00 p.m.-1:30 p.m. | LSC 308-10

### Health and Well-Being: Managing Stress and Finding Balance

Rebecca Brossoit, Psychology

Oct. 31 | 12:00 p.m.-1:30 p.m. | LSC 372-74

### Cross-Cultural Conversations

Sagarika Sarma and Viviane Ephraimson-Abt, Office of Diversity, Office of the Vice President for Diversity

Nov. 5 | 12:00 p.m.-1:30 p.m. | LSC 308-310

### Team Science

Ellen Fisher, OVPR; Hannah Love, Sociology

Nov. 12 | 9 a.m.- 6:00 p.m.

LSC Grand Ballroom and Theater

### Graduate Student GradShow

Register at: [col.st/LzN1k](http://col.st/LzN1k)

Additional professional development opportunities at: [graduateschool.colostate.edu](http://graduateschool.colostate.edu)

**CSU Writes**  
writing productivity support for faculty & graduate students who write for publication, submission, or degree completion

write  
early. often. better. together.  
CSU WRITES  
CSUWrites.colostate.edu

Writing Retreats  
Workshops  
show up & write.  
Writing Groups  
and More  
@ csuwrites.colostate.edu



RISE. LEAD. ENRICH.



GRADUATE SCHOOL  
COLORADO STATE UNIVERSITY

[www.graduateschool.colostate.edu](http://www.graduateschool.colostate.edu)

[facebook.com/GradSchoolCSU](https://www.facebook.com/GradSchoolCSU)

[twitter.com/GradSchoolCSU](https://twitter.com/GradSchoolCSU)